

Wave Start Time Sign Up: We have changed the wave start times to assure there is little to no congestion at the start and finish of the race and allow for proper social distancing. **You need to sign up for your new wave!** Here is the link and instructions:

- 1) Click the "Manage Registrations" tab on the [imAthlete.com](https://www.imathlete.com) website, or simply click this link:
https://www.imathlete.com/#/legacy?url=%2Fevents%2Feditreg%2Feditreg_editregistration.aspx
- 2) Enter the confirmation code which can be found on the email receipt that you received from imAthlete when you registered. If you no longer have that email, you can request that your email be resent by entering your email address at the link in step-1 (above)
- 3) Locate the "**EDIT: alter your registration details**" option and click the "GO" button
- 4) Select your preferred start wave option. Waves are limited to 25 entrants. Once a wave has filled, that option is no longer available. If you plan to run with a family member, please make sure you both select the same start wave.
- 5) Scroll to the bottom of the page and read & agree to the COVID-19 Waiver.
- 6) Click the Save button