

### Pre-Race Information:

Saturdays Event is limited to: 700 marathoners, 600 ½marathoners, and 200 5kers. Sunday's ½marathon is open to 1500 participants. We expect Saturdays Event to full up by August, so sign up soon! If you're already signed up, Congratulations! You're in for an incredible journey!

**Pre-race check in/packet pick-up at MILTS STOP & EAT:** Come between **3:30pm - 7pm on Friday November 4th.**

Please park legally! And we encourage you to not all show up right at 3:30—please spread yourself out so we don't have too much congestion around Milt's right at 3:30. The City Police are watching us and we need your cooperation so we can continue to have packet pick-up 'in town'. Parking is available near Milt's: at the High School Lot on 400 North and the large open lot across from Rotary Park which is just 200 meters up Millcreek Drive. We just ask that you please do not block any driveways or roadways. THANK YOU!

You can also check in on **Sat. 5<sup>th</sup> between 6:45am-8am at the Start Area at Kane Creek Parking Lot.** We recommend you check in early! ***If you check in on Friday (at Milt's) you will receive a \$5 gift card to Milt's.***

**Sunday's ½ Marathoners** may pick up their packet on Friday at Milts or at the race venue at the 'check-in' booth on Saturday anytime between noon and 5pm or Sunday morning starting at 6:45am.

Please see below for directions to Milt's and the race venue and start/finish area.

**Be prepared for packet pick-up:** Please bring your online confirmation and **photo ID**; then you will get your race number with a timing chip on it (don't lose your number and don't forget to wear your number in the race!), and your race tech-t-shirt. You may not pick up packets for friends and family, you must show up in person. If you pick up your packet on race day, please allow for a 5-10 min walk to the Start/Finish area, where you can pick-up your number, chip, and t-shirt.

**Directions to Milt's:** From Main Street Moab turn East (towards the Slickrock Trail, between the Wells Fargo and the Info Center) on Center Street. Go 4 blocks on Center St. and turn Right on 400 East. Go a few blocks and you will see Milt's on the left.

**Directions to Start:** The easiest way is to turn West on Kane Creek Road from Main Street, which is located on the south side of town between the Mc Donald's and Burger King. Follow Kane Creek Road into the canyon along the river for about 3 miles. The start/finish area is at the Kane Creek Parking Lot, which is where the pavement ends. Parking is just before this on the right and is signed with "Event Parking" signs. You may also take 500 West to Kane Creek Road, if you are coming from the North side of town.

**Race-Day Parking:** Please park in the designated lots and allow an extra 5-10 min to walk to the start! Parking Lots are located on the North (right) side of Kane Creek Road. There will be signs and parking marshals to direct you. **Do not park on the side of the road or you will be towed.** It is just a short walk from the parking area to the check-in at the start/finish area. Allow for a 5-10 min. walk. Please walk to the start on the *far far side* of the road, single file!! The road is open to vehicles and the last thing we want is an accident before the race even starts.....

**Wave Start Times:** 8am to 8:35am: Marathon and ½ Marathon (six waves 7 minutes apart, fastest runners start first). 8:40am Kids K, 9:05am-9:20am: 5k Adventure run/walk (4 waves, fastest runners start first.)

All the races will start at the Kane Creek Parking area, at the same location as the finish. The ½ and full marathon and kids will run towards the Pritchett Canyon entryway. The 5k adventure run will start running towards the upper Kane Creek parking area (there will be signs and marshals to guide you.)

Please start according with your pre-designated start wave which you indicate upon registration and confirm upon packet pick-up. No changes on race day (your finish time will be according to your chip crossing the start/finish line.) You will be penalized 30 minutes if you start with the wrong wave. The goal of the wave starts is to help spread out runners on the course and avoid congestion. If you start with your correct wave, everyone will be happy and have a nice experience on the beautiful, fun course!

**Bring:** Dress appropriately for the weather. It will be chilly in the morning, but should warm up as the day goes on. Your feet may get wet, so bring a dry pair of socks and shoes to change into. There will be a tarp and canopy with a "warm-up drop" sign where you can leave your stuff before you start, and pick it up after (Please do not leave anything

valuable. Label your bag with your name and/or race #. We are not liable for loss or damage...) Average for this time of year is for a low of 34 and high of 65. (Please check the weather closer to race date, as this may change!)

**If you Do Not Start, but do pick up your bib; you MUST let us know.** We will assume you started the race if you pick up your bib. If you do not finish we will assume you are lost out there and send out Search and Rescue, and you will be billed. Please tell race personnel or Call Nellie at 970-389-4838 (leave message) if you do not start the race! If you start but do not finish, please also let race personnel know. Thank you!

**Calling The Race Director:** Feel free to call anytime with questions. Leave a message and I will call you back within a few days. I normally do not call back for questions that are already answered on the website. Also, if you call the week before the race or race day, I likely will not call you back until after the race; as I'll be busy getting everything organized! Please read through and print out the info you need for race day before you leave home. Thanks for understanding!

Happy Training and See You in November! Call or email with questions: [danelle22@msn.com](mailto:danelle22@msn.com) or 970-389-4838.